

1-800-QUIT-NOW

1-800-784-8669

North Carolina Tobacco
Use Quitline



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- Trained Tobacco Cessation Coaches - English and multiple languages
- Coaches can call back upon request
- Toll-free number 1-800-QUIT-NOW (1-800-784-8669)
- 8 a.m. – 3 a.m. / 7 days a week
- Free for all North Carolinians – Youth & Adult
- TTY 1-877-777-6534



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